

FFRA PRESS RELEASE

FFRA NEEDS YOUR HELP !

When there is a situation where handicapped persons really need our help, but there just aren't enough volunteers to get the job done, what do you do?

Answer: You ask for **Help!**

So that's why the FFRA Organization is appealing to caring persons who have a kind heart, a small amount of time and a desire to help-out in a special needs group. The help/assistance that is needed from new volunteers requires no training, but would be invaluable to whom you give it to.

The clients at FFRA are 'Kids' in an adult body, who through no fault of their own, do not have the mental and/or physical capacity to perform many tasks that most of us take for granted.

The FFRA (*Families and Friends Reaching for the Abilities*) is a group of client family members and other volunteers that organizes special functions for the purpose of assisting these 'Kids' in achieving higher goals within their life.

There are a lot of retired people here in Citrus County, and many of us feel a void in our life after working many years. Here's an opportunity to fill that void and bring some of your expertise and experiences to share with others. Your reward will be the inner satisfaction and joy, when you witness the smiles on their faces and the happiness that you transmit to those less fortunate.

Examples of assistance might be:

Help organize an Arts & Craft session or sponsor a special theme party, pre-cut a craft project that a client may find easy to assemble, assist in a community outing, read or just tell stories, or give your in-pu on new creative things for the 'Kids' to do. Also, maybe consider serving on our Board of Directors or a Committee to capitalize on your past experiences, leadership or team-building talents. You can volunteer as much or as little as you'd like. Your heart will guide you once you get involved.

"John", who is a person (client) in the program, had never had the occasion to attempt playing the the game of pool.

When taking him to a restaurant that happened to have a pool table, a volunteer proceeded to give him the chance to at least '*try*' to hit a ball into the pocket.

Today you ought to see John playing pool ! You might have all you can do to keep up with him.

All that's required, is a little time and a little patience. It's amazing how much a client can excel if given an opportunity.

Remember, a volunteer can contribute as little or as much time as they'd like, and may volunteer in any capacity where they feel most comfortable. What a wonderful opportunity to 'Make a Difference'! Please call Dave Deso, FFRA President at 352-634-2528 for more information, and also check out the FFRA website at WWW.FFRACITRUS.ORG.